

## Straight Talk About Sex

1 Thessalonians 4:3-4,7

IT's really ironic that our society is completely surrounded by sexual images, sexual talk, sexual humor and sex education, but no one what's to talk about it!!  
And when the church doesn't want to talk about it, it's more than irony, it's dangerous!!

Sexuality is a critical issue in every life. Sex is the number two reason for divorce, and it's possible that the only thing more misunderstood about sex in our culture is what people think God thinks about sex. We have this idea that to God, sex is sin. It's bad. It's dirty. People think of the church as anti-sex.

Today we are going to look at some SUPPRISES ABOUT SEX IN THE BIBLE! Are you ready????!!!!

### 1. SURPRISE #1—Sex is good!!! Listen to these poetic words: Song of Songs 4:7-8,9-11

- WOW! Who wrote that? Shakespeare? No, those passionate words were written by God. God looks on sex as something good!! In fact, God created sex, and proclaimed it good!!
- Some people say that sex did not enter the picture until sin came along. Some have even said that sex was the “forbidden fruit.” The fact is, sexuality was part of the original creative work of God. Listen to this: “God blessed them and said to them, “Be fruitful and increase in number, fill the earth and subdue it...”

- Sexual intimacy was part of the creation from the beginning. Do you know what the best sex in all of creation was? It was the sexual relationship between Adam and Eve. Look at Genesis 2 the last vs. “The man and his wife were both naked and they felt no shame.” I believe that verse is loaded with meaning.
- For example: They were completely open with each other, there was no deceit, no masks, no hiding no game playing. And there was no shame! Their sexuality was not loaded down with baggage of past sins, mistakes in the past, wrong or selfish motives.
  - In our culture we can’t even imagine such conditions, sex has been perverted so severely that what God created as a wonderful, incredible amazing gift is almost unrecognizable. And its not coincidental, it is a perversion that is intentional and purposeful. Look at Genesis 3:6,7
- It is more than coincidence that the first thing that happened after Adam and Eve sinned was that they realized their nakedness. The first thin that Satan attacked was their intimacy.
- When sin entered the picture, the intimacy between husband and wife was the first casualty. The covering that they made for themselves went far beyond their bodies--- we begin to hide ourselves emotionally and spiritually from each other and from God.
- But all of this perversion doesn’t change the fact that God created sex! And He created it to be GOOD!! The Bible is all about redemption. When man fell, God had a plan to redeem us through His Son Jesus.
  - God also has a plan to redeem sex, to make it great again.

2. SURPRISE #2 is: The best sex is with your Spouse!

- Hollywood would like us to believe the best sex is passionate, animal instinct driven, spur of the moment sex between strangers, co-workers, neighbors, classmates or friends. But study after study proves differently.
- The University of Chicago did a study called, Sex in America. Read the study. Study after study shows that the most satisfying sex is between husband and wife.....Yeah, that's right, married people!!!! Why is that? Because they are doing sex Gods way!!
- If God created sex, then it stands to reason that He is going to give the best advice about it the subject! Not Oprah or Dr. Phil!
- Sex with our spouse should be a regular part of our relationship. Proverbs 5:18-19 "May your fountain be blessed, and may you rejoice in the wife of your youth, may her breasts satisfy you always, may you forever be captivated by her love."
- Sex is never about taking, conquering, or coercing. It's about giving and receiving.
- This is called "Straight Talk about Sex" right? Then allow me to say this, if you are having sex with a person outside of marriage, you are hurting that person and you are sinning against your own body!! Sexual intimacy outside of marriage is a sin!! And that includes nonphysical emotional adultery and sexual fantasy.
- There is no such thing as a "victimless" sexual sin. Single men and women here today, the sexual activity that you participate in now will have consequences later in your relationship with your future husband or wife.

3. SURPRISE #3 is: There is hope for us all.

- There may be some here today that are carrying a load of sexual baggage already. You wish you could go back and do things differently. Your beating yourself up because you have had poor choices and now think there is no hope, that you have blown it. Or maybe you are married and there is dysfunction in your sex life because of the baggage that you brought into the marriage.
  - There is hope!!!! It's not too late!!! You're in luck because you are surrounded by people who have blown it. You are sitting next to a sinner, and so is the person sitting next to you. The point is, we've all blown it at some point or another, but there is hope! Our God is in the redeeming business!!!
- Here are 4 steps to redeem your sex life: 1. Have a repentant heart: Repentance means that I get myself in line with God's standard, TODAY! Not next week, not gradually, it's over today.
- 2. Receive Forgiveness. God is waiting to forgive you and restore you.
- 3. Refocused thoughts. We need to turn off the stuff that invades our minds sexually.
- 4. Request help!!!! You may be thinking that you can't do it by yourself and you would be right. Get someone to hold you accountable and encourage you.
- The truth is, there can never be true intimacy between two people unless there is real intimacy with God first!! God loves you like no one else can. He can give you the forgiveness, acceptance and love that you are longing for and need. Give yourself to God completely. Only then can you give yourself correctly to another.